

Coconut Shell Hop

Game Instructions

1. Cut out circles from paper or use paper plates to make pretend 'coconut shells'.

2. Place them in a line, zigzag, or circle on the floor.

3. Children take turns hopping from one to the next without falling off.

4. Add music and call out challenges like 'hop backwards' or 'freeze on the drumbeat'.

Tip: Use coloured circles to add pattern or counting challenges!

